

Cringe.com has been covering Columbus, Ohio area music since 1995. In 2001 we started the Cringe.com/pilation CD series to help expose bands and fans to each other. While the first two volumes focused on the music in which we were most immersed, our aspirations were always to spread our stylistic wings once the series' framework was established. With that in mind, there was an open call for submissions to Volume 3.0. The selected submissions gathered here are still from our own back yard and have at least one toe in some form of modern popular music, but also venture into some new and experimental territories. Don't take our word for it, though. Listen!

Have fun,
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